

伊犁假期 10 日行程

10-Day Ili Vacation Itinerary

行程概要

ITINERARY SUMMARY

天数	行程安排	住宿安排	早餐	午餐	晚餐
D1	乌鲁木齐-接机	乌鲁木齐	—	—	—
D2	乌鲁木齐-天山天池-五江温泉酒店	五江温泉酒店	√	√	√
D3	五江温泉-独山子大峡谷-天路演绎-独山子	独山子	√	√	√
D4	独山子-独库公路-那拉提	那拉提	√	√	√
D5	游玩那拉提草原-下午茶-那拉提	那拉提	√	√	√
D6	那拉提-六星街-喀赞其-伊宁	伊宁	√	√	√
D7	伊宁-薰衣草-赛里木湖--博乐/精河	博乐/精河	√	√	√
D8	博乐/精河--一带一路展览馆-乌鲁木齐	乌鲁木齐	√	√	√
D9	乌鲁木齐--大巴扎-干果市场-乌鲁木齐	乌鲁木齐	√	√	√
D10	乌鲁木齐~送机	—	√	—	—



simplified itinerary

Day	Itinerary Arrangement	Accommodation Arrangement	Breakfast	Lunch	Dinner
D1	Airport Transfer - Urumqi	Urumqi	—	—	—
D2	Urumqi – Heavenly Lake (Tianchi) – Wujiang Hot Springs	Wujiang	√	√	√
D3	Wujiang Hot Springs – Dushanzi Grand Canyon – "Sky Road" Cultural Show – Dushanzi	Dushanzi	√	√	√
D4	Dushanzi – Scenic Duku Highway – Nalati	Nalati	√	√	√
D5	Nalati Grassland Exploration – Afternoon Tea Experience-Nalati	Nalati	√	√	√
D6	Nalati – Liuxing Street – Kazanqi Folk Culture Village – Yining	Yining	√	√	√
D7	Yining – Lavender Farm – Sayram Lake – Bole/Jinghe	Bole/Jinghe	√	√	√
D8	Bole/Jinghe – Belt & Road Exhibition Center – Urumqi	Urumqi	√	√	√
D9	Urumqi – Grand Bazaar – Dried Fruit Market – Urumqi	Urumqi	√	√	√
D10	Urumqi Airport Drop-off	—	√	—	—

行程安排

ITINERARY

D1	乌鲁木齐接机 Airport Transfer- Urumqi	乌鲁木齐 Urumqi
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- 抵达乌鲁木齐
- 前往酒店办理入住
- 自由活动
- Arrive in Urumqi.



- Go to the hotel to check in.
- Free activities.

备选酒店：百世昌东泉酒店、绚丽酒店、乌鲁木齐干烊美华酒店或同级

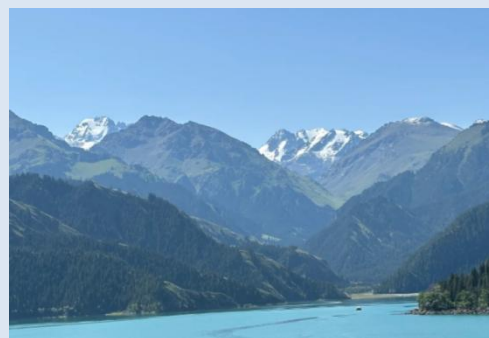
Hotel Options: Baishichang East Spring Hotel/Xuanli Hotel/Urumqi Qianyang Meihua Hotel or equivalent

D2

乌鲁木齐-天山天池-五江温泉度假酒店 Urumqi - Tianchi - Wujiang Hot Spring

五江温泉酒店 Wujiang Hot Spring

- **早上：**从乌鲁木齐出发前往天山天池。
- **中午：**在天池附近的餐厅用餐。
- **傍晚：**前往五江温泉酒店办理入住。
- **Morning:** Depart from Urumqi to Tianchi.
- **Noon:** Dine at a restaurant near Tianchi.
- **Evening:** Head to Wujiang Hot Spring and check in.



距离：~120KM | 驾车时间：~2.5 小时 Distance: ~120km | Driving time: ~2.5 hrs

备选酒店：天山五江温泉酒店

Hotel Options: Fukang Wujiang Hot Springs Resort

D3

五江温泉-独山子大峡谷-天路演绎-独山子 Wujiang Hot Springs - Dushanzi Grand Canyon - Sky Road Performance - Dushanzi

独山子 Dushanzi

- **早上：**在温泉度假酒店享用早餐。
- **中午：**游览并探索独山子大峡谷景区。
- **下午：**观看《天路》文化演出。
- **晚上：**前往独山子办理酒店入住。
- **Morning:** Have breakfast at the hot springs resort hotel.
- **Noon:** Visit and explore the Dushanzi Grand Canyon scenic area.
- **Afternoon:** Watch the "Sky Road" cultural



performance show.

- **Evening:** Proceed to Dushanzi for hotel check-in.

距离: ~180KM | 驾车时间: ~2.5 小时 Distance: ~ 180km | Driving time: ~2.5 hrs

备选酒店: 西戈玛酒店, 西游印象酒店、慧洋万达锦华酒店或同级

Hotel Options: Xinjiang Sigma Hotel / Dushanzi Huiyang Wanda Jinjiang Hotel or equivalent

D4

独山子-独库公路-那拉提 Dushanzi - Duku Highway - Nalati

那拉提 Nalati

- **早上:** 从独山子出发。
- **中午:** 穿行独库公路北段。
- **晚上:** 抵达那拉提并办理酒店入住。
- **Morning:** Depart from Dushanzi.
- **Noon:** Travel through the northern section of Duku Highway.
- **Evening:** Arrive at Nalati and check in at the hotel.



距离: ~340KM | 驾车时间: ~5 小时 Distance: ~340 km | Driving time: ~5hrs

备选酒店: 那拉提逸仙森·凡镜 Eden 花园酒店、花海那拉提名宿、回家·繁花邸 Floral 度假民宿 (那拉提草原店) 或同级

Hotel Options: Nalati Yixiansen • Fanjing Eden Garden Hotel/Huahai Nalati Homestay/Huijia • Fanhua Di Floral Resort Homestay (Nalati Grassland Branch) or equivalent

D5

游玩那拉提草原-下午茶-那拉提 Exploring Nalati Grassland - Afternoon Tea - Nalati

那拉提 Nalati

- **早上:** 早餐后, 游览那拉提草原景区。
- **中午:** 在景区附近享用悠闲的下午茶。
- **晚上:** 返回酒店休息。
- **Morning:** After breakfast, tour the Nalati



Grassland scenic area.

- **Noon:** Enjoy a relaxing afternoon tea near the scenic spot.
- **Evening:** Return to the hotel for rest.

距离: ~20KM | 驾车时间: ~1 小时 Distance: ~20 km | Driving time: ~1 hrs

备选酒店: 那拉提逸仙森·凡镜 Eden 花园酒店、花海那拉提名宿、回家·繁花邸 Floral 度假民宿 (那拉提草原店) 或同级

Hotel Options: Nalati Yixiansen • Fanjing Eden Garden Hotel/Huahai Nalati Homestay/Huijia • Fanhua Di Floral Resort Homestay (Nalati Grassland Branch) or equivalent

D6

那拉提-六星街-喀赞其-伊宁 Nalati - Liuxing Street - Kazanqi - Yining

伊宁 Yining

- **早上:** 从那拉提出发前往伊宁。
- **中午:** 抵达后游览六星街。
- **下午:** 探索喀赞其民俗文化村。
- **晚上:** 在伊宁办理酒店入住。
- **Morning:** Depart from Nalati to Yining.
- **Noon:** Arrive and visit Liuxing Street (Six-Star Street).
- **Afternoon:** Explore Kazanqi Folk Culture Village.
- **Evening:** Check in at Yining hotel.



距离: ~240KM | 驾车时间: ~3.5 小时 Distance: ~ 240 km | Driving time: ~ 3.5 hrs

备选酒店: 颐家·锦澜酒店、伊宁市景云亚丁酒店、伊宁云端酒店或同级

Hotel Options: Yijia • Jinlan Hotel/Yining Jingyun Aden Hotel/Yining Yunduan Hotel or equivalent

D7

伊宁-薰衣草-赛里木湖--博乐/精河 Yining - Lavender Farm - Sayram Lake - Bole/Jinghe

博乐/精河 Bole/Jinghe

- **早上:** 前往薰衣草庄园观光游览。

- **中午:** 游览赛里木湖景区。
- **晚上:** 前往博乐或精河办理酒店入住。
- **Morning:** Visit the lavender farm for sightseeing.
- **Noon:** Explore the scenic Sayram Lake area.
- **Evening:** Proceed to Bole or Jinghe for hotel check-in.



距离: ~270KM | 驾车时间: ~4.5 小时 Distance: ~270 km | Driving time: ~4.5 hrs

备选酒店: 西海丽景酒店、博乐希尔顿惠庭酒店、精河迎宾馆或同级

Hotel Options: Xihai Lijing Hotel/Hampton by Hilton Bole/Jinghe Guest House or equivalent

D8

博乐/精河--一带一路展览馆-乌鲁木齐 Bole/Jinghe - Belt and Road Exhibition Center - Urumqi

乌鲁木齐 Urumqi

- **早上:** 前往 “一带一路” 展览馆。
- **中午:** 参观游览该展览馆。
- **晚上:** 抵达乌鲁木齐并办理酒店入住。
- **Morning:** Depart for the Belt and Road Exhibition Center.
- **Noon:** Tour the exhibition center.
- **Evening:** Arrive in Urumqi and check in at the hotel.

距离: ~500KM | 驾车时间: ~7 小时 Distance: ~500km | Driving time: ~7 hrs

备选酒店: 百世昌东泉酒店、绚丽酒店、乌鲁木齐干烺美华酒店或同级

Hotel Options: Baishichang East Spring Hotel/Xuanli Hotel/Urumqi Qianyang Meihua Hotel or equivalent

D9

乌鲁木齐--大巴扎-干果市场-乌鲁木齐 Urumqi - Grand Bazaar - Dried Fruit Market - Urumqi

乌鲁木齐 Urumqi

- **早上:** 逛国际大巴扎。
- **下午:** 游览当地干果市场。



- **晚上:** 返回酒店休息。
- **Morning:** Explore the International Grand Bazaar.
- **Afternoon:** Tour the local dried fruit market.
- **Evening:** Return to the hotel to rest

距离: ~30KM | 驾车时间: ~2 小时 Distance: ~30 km | Driving time: ~2 hrs

备选酒店: 百世昌东泉酒店、绚丽酒店、乌鲁木齐干烊美华酒店或同级
Hotel Options: Baishichang East Spring Hotel/Xuanli Hotel/Urumqi Qianyang Meihua Hotel or equivalent

D10

乌鲁木齐送机 Urumqi - Airport Drop-off

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根据航班时间前往乌鲁木齐机场，结束愉快的旅程。
Go to Urumqi Airport according to the flight time and end the pleasant journey.

服务项目

SERVICE ITEMS

报价包含 Inclusions

交通 Transportation	34 座 2+1 头等舱 34-seat 2+1 first-class coach
门票 Entrance Fees	景区首道门票及区间车 First-entrance tickets to scenic areas and shuttle buses
酒店 Accommodation	全程携程 4 钻酒店 4-star hotels throughout the journey booked via Ctrip
用餐 Meals	酒店含早餐+16 正餐 Breakfast at the hotel + 16 set lunches and dinners
司机 Driver	包含司机服务费用 Driver service fees included
导游 Tour Guide	配备专业中英文导游 Professional Chinese-English Tour Guide provided
保险 Insurance	个人旅游意外险、旅行社责任险 Personal travel accident insurance, travel agency liability insurance
其他 Others	全程配备矿泉水，赠送当季水果 Mineral water provided throughout the journey, seasonal fruits as a gift

报价不含 Exclusions

1、自由活动期间交通费、小吃、等私人费用及行程中不含的餐，购物场所内的消费；

- 2、因交通延误、取消等意外事件或战争、罢工、自然灾害等不可抗力导致的额外费用；
 - 3、因旅游者违约、自身过错、自身疾病导致的人身财产损失而额外支付的费用；
 - 4、不含航空保险、“旅游费用包含”内容以外的所有费用、及行程中未提到的费用；
1. Transportation fees, snacks, and other private expenses during free time, meals not included in the itinerary, and consumption in shopping places;
 2. Additional expenses caused by unexpected events such as traffic delays, cancellations, or force majeure factors such as war, strikes, and natural disasters;
 3. Additional expenses incurred due to the traveler's breach of contract, personal fault, or personal illness resulting in personal property losses;
 4. Aviation insurance is not included, all expenses not included in the "inclusions of travel expenses", and any expenses not mentioned in the itinerary;

温馨提示：

- 1、新疆是属于西北地区，经济较内地有所差别，所以吃住行较内地有所差异。敬请谅解。
- 2、新疆与内地时差两小时，但全疆均使用北京时间作息；新疆休息时间为晚上 12：00 左右，早上上班时间为 09:30—10：00 左右（分春秋季节）；
- 3、新疆早晚温差较大，温差最大可在 20 度左右，需带保暖的外衣，晚上睡觉时应将空调开到适度，不要过凉，或睡觉时不盖棉被，造成身体不适；
- 4、因新疆地域辽阔，坐车时间较长，在很多情况下，须旅游者下车行走或亲自体验骑马、骑骆驼的乐趣。所以，一双合适的鞋显得尤为重要。另外，行车时间较长，部分不太适应的客人，建议路上携带零食以作为补充。
- 5、新疆气温虽较内地略低，但因新疆很多地区海拔较高，紫外线照射强烈。所以旅游者应准备充足有效的防晒品，同时配备清热、解渴、滋润的药物或冲剂。要是有晕车的旅客请自备晕车药。部分客人有过敏的情况的话，请自行携带过敏药。
- 6、在新疆旅游，因行程较长，气候差别较大，旅游者一时难以适应，可能会出现水土不服症状，旅游者应携带有关药物及一些常备药物，如创可贴、感冒药或治疗肠胃不适药物等。
- 7、新疆是水果之乡，到新疆吃水果是一大乐事，但千万不要在吃完水果后再喝热茶水，以免引起腹泻。
- 8、新疆是多种少数民族居住地区，宗教色彩浓厚，信仰伊斯兰教的民族不吃猪肉等，这是他们在生活中最大的禁忌，绝对不可以冒犯。

9、新疆的大部分地区购卖称重商品时的报价为公斤报价（南疆和田初外），所以购买称重商品时请落实报价是公斤价还是市斤，在巴扎（集市）购买旅游纪念品时，请在确定购买后再进行讨价还价。不严肃的讨价还价行为会招致卖方的不满。如果交易不成，也请注意文明礼貌。最好在购买前先请导游推荐一些购买场所，玉石等贵重物品最好在指定商场购买。

10、新疆阿勒泰、伊犁地区夏季、秋季蚊虫较多，注意防护，以及带一些防蚊虫叮咬的药、喷雾；

Warm Tips:

1. Xinjiang is located in the northwest region of China. There are differences in economic development compared with the inland areas, so there are also differences in food, accommodation, and transportation. Please understand.

2. There is a two-hour time difference between Xinjiang and the inland areas, but Beijing time is used for daily routines throughout Xinjiang. The rest time in Xinjiang is around 12:00 at night, and the working hours in the morning are around 09:30 - 10:00 (varying by spring and autumn seasons).

3. The temperature difference between day and night in Xinjiang is relatively large, with a maximum difference of about 20 degrees Celsius. It is necessary to bring warm outerwear. When sleeping at night, adjust the air conditioner to an appropriate temperature. Do not make it too cold, or avoid sleeping without a quilt to prevent discomfort.

4. Due to the vast territory of Xinjiang, the travel time by car is relatively long. In many cases, travelers need to get off the car and walk or experience the fun of horseback riding and camel riding personally. Therefore, a pair of suitable shoes is particularly important. In addition, since the travel time is long, for some guests who are not used to it, it is recommended to bring snacks for supplementation on the way.

5. Although the temperature in Xinjiang is slightly lower than that in the inland areas, due to the relatively high altitude in many areas of Xinjiang, the ultraviolet radiation is strong. Therefore, travelers should prepare sufficient and effective sunscreen products, and at the same time, bring medications or granules for clearing heat, relieving thirst, and moisturizing. If you are prone to motion sickness, please bring your own motion sickness medicine. If some guests have allergic reactions, please bring your own allergy medicine.

6. When traveling in Xinjiang, due to the long itinerary and significant climate differences, it may be difficult for tourists to adapt immediately, and they may experience symptoms of not being accustomed to the local climate and environment. Tourists should carry relevant medications and some common medications, such as band - aids, cold medicines, or medications for treating gastrointestinal discomfort.

7. Xinjiang is known as the "home of fruits". Eating fruits in Xinjiang is a great pleasure. However, never drink hot tea after eating fruits to avoid diarrhea.

8. Xinjiang is an area where many ethnic minorities live, with a strong religious atmosphere. Ethnic groups that believe in Islam do not eat pork, etc. This is their biggest taboo in life and must never be offended.

9. In most areas of Xinjiang (except Hotan in southern Xinjiang), the price quotes for weighted goods are based on kilograms. Therefore, when purchasing weighted goods, please confirm whether the quoted price is per kilogram or per catty. When buying tourist souvenirs at the bazaar, please start bargaining after you have decided to buy. Casual bargaining behavior may cause dissatisfaction among sellers. If the transaction fails, please also pay attention to being civilized and polite. It is best to ask the tour guide to recommend some purchasing places before buying. Valuable items such as jade should be purchased at designated shopping malls.

10. In the Altay and Yili regions of Xinjiang, there are many mosquitoes and insects in summer and autumn. Pay attention to protection and bring some mosquito - repellent medications and sprays.