

冬有阿勒泰 8 天 7 晚

8-Day and 7-Night Detailed Itinerary in Xinjiang

行程概要

ITINERARY SUMMARY

天数	行程安排	住宿安排	早餐	午餐	晚餐
D1	乌鲁木齐 - 接机	乌鲁木齐	—	—	—
D2	乌鲁木齐 - 天池 - S21 沙漠公路 - 布尔津	布尔津	√	√	√
D3	布尔津 - 喀纳斯 - 禾木	禾木	√	√	√
D4	禾木 - 布尔津	布尔津	√	√	√
D5	布尔津 - 独山子大峡谷 - 奎屯 / 独山子	奎屯 / 独山子	√	√	√
D6	奎屯 / 独山子 - 赛里木湖 - 博乐 / 精河	博乐 / 精河	√	√	√
D7	博乐 / 精河 - 国际大巴扎 - 乌鲁木齐	乌鲁木齐	√	√	√
D8	乌鲁木齐 - 送机	--	√	--	--

ITINERARY SUMMARY

Day	Itinerary Arrangement	Accommodation Arrangement	Breakfast	Lunch	Dinner
D1	Airport Transfer - Urumqi	Urumqi	—	—	—
D2	Urumqi - Tianchi Lake - S21 Desert Highway - Burqin	Burqin	√	√	√
D3	Burqin - Kanas - Hemu	Hemu	√	√	√
D4	Hemu - Burqin	Burqin	√	√	√
D5	Burqin - Dushanzi Grand Canyon - Kuytun/Dushanzi	Kuytun/Dusha	√	√	√
D6	Kuytun/Dushanzi - Sayram Lake - Bole/Jinghe	Bole/Jinghe	√	√	√
D7	Bole/Jinghe - International Grand Bazaar - Urumqi	Urumqi	√	√	√
D8	Urumqi - Airport Drop-of	--	√	--	--

行程安排

ITINERARY

Itinerary Arrangement

D1

乌鲁木齐-接机 Airport Transfer - Urumqi

乌鲁木齐

- 抵达乌鲁木齐天山国际机场，旅行社专人接机。
- 办理酒店入住手续，稍作休息后，自由活动。
- Arrive at Urumqi Tianshan International Airport.
- Personalized Airport Transfer Service.
- Complete the hotel check-in procedures.
- Free time for activities.



D2

乌鲁木齐 - 天池 - S21 沙漠公路 - 布尔津 Urumqi - S21 Desert Highway - Wulungu Lake - Burqin

布尔津

- **早上:** 从乌鲁木齐出发，前往天山天池。
- **中午:** 沿 S21 沙漠公路穿越古尔班通古特沙漠。
- **晚上:** 前往布尔津入住酒店。
- **Morning:** Depart from Urumqi to Tianshan Tianchi.

抵达天池，漫步湖边，欣赏湖光山色。

Upon arrival, take a lakeside stroll to admire the alpine scenery.

- **Noon:** Drive along the S21 Desert Highway through the Gurbantünggüt Desert .
- **Evening:** Travel to Burqin County for hotel check-in.



距离: ~580KM | 驾车时间: ~7.5 小时 Distance: ~580 km | Driving time: ~7.5 hrs

D3

布尔津 - 喀纳斯 - 禾木 Burqin - Kanas - Hemu

禾木

- **早上:** 从布尔津乘车前往喀纳斯景区。

- **中午:** 抵达喀纳斯景区后，换乘景区区间车深入游览。

参观卧龙湾、月亮湾、神仙湾。

- **晚上:** 游览结束后，前往禾木入住酒店。

- **Morning:** Depart from Burqin by vehicle to the Kanas Scenic Area.

- **Noon:** Arrive at Kanas, then transfer to the scenic area shuttle bus for further exploration. Visit the Wolong Bay (Dragon Bay), Moon Bay, and Shenxian Bay .

- **Evening:** After the tour, proceed to Hemu for hotel check-in.

距离: ~190KM | 驾车时间: ~4 小时 Distance: ~190 km | Driving time: ~4 hrs



D4

禾木 - 布尔津 Hemu - Burqin

布尔津

- **早上:** 早餐后前往禾木，禾木是一个充满原始自然气息的古村落，被誉为 “中国第一村” 。

- **中午:** 午餐后，在村子里自由活动，
参观图瓦人的传统木屋，了解他们的生活习俗和文化。

- **晚上:** 前往布尔津酒店办理入住。

- **Morning:** After breakfast, depart from Jiadengyu to Hemu Village (a pristine ancient village known as "China's No. 1 Village" for its untouched natural beauty).

- **Noon:** After lunch, enjoy free time to explore the village. Visit traditional Tuvan wooden houses. Learn about their unique lifestyle and culture.

- **Evening:** Transfer back to Burqin for hotel check-in.

距离: ~200KM | 驾车时间: ~4 小时 Distance: ~200 km | Driving time: ~4 hrs



D5

布尔津 - 独山子大峡谷 - 奎屯/独山子 Burqin - Dushanzi Grand Canyon - Duku Tianlu Performance - Kuytun/Dushanzi

奎屯/独山子

- **早上:** 乘车前往独山子大峡谷
- **中午:** 抵达独山子大峡谷后, 沿着栈道近距离观赏峡谷风光,
- **晚上:** 前往奎屯或者独山子入住酒店,
- **Morning:** Take a vehicle to the Dushanzi Grand Canyon.
- **Noon:** Upon arrival at the Dushanzi Grand Canyon, walk along the boardwalk to admire the canyon scenery up close.
- **Evening:** Head to Dushanzi/Kuytun to check in at the hotel.



距离: ~530KM | 驾车时间: ~6.5 小时 Distance: ~530km | Driving time: ~6.5 hrs

D6

奎屯/独山子 - 赛里木湖 - 果子沟 - 博乐 / 精河 Dushanzi - Sayram Lake - Guozigou - Bole/Jinghe

博乐/精河

- **早上:** 早餐后前往赛里木湖, 赛里木湖有着 “大西洋最后一滴眼泪” 的美誉, 是新疆海拔最高、面积最大的高山冷水湖。
- **中午:** 游览赛里木湖, 结束后沿途欣赏果子沟的美景,
- **晚上:** 前往博乐或精河入住酒店。
- **Morning:** After breakfast, head to Sayram Lake, known as the "Last Tear of the Atlantic", the highest-altitude and largest alpine cold-water lake in Xinjiang.
- **Noon:** Explore Sayram Lake, then enjoy the scenic views of Guozigou Valley along the way.
- **Evening:** Proceed to Bole/Jinghe and check in at the hotel.



距离: ~470KM | 驾车时间: ~6 小时 Distance: ~470km | Driving time: ~6hrs

D7

博乐 / 精河 - 国际大巴扎 - 乌鲁木齐 Bole/Jinghe - International Grand Bazaar - Urumqi

乌鲁木齐

- **早上:** 早餐后前往国际大巴扎。
- **中午:** 在国际大巴扎附近用餐, 品尝各种新疆特色美食。午餐后, 在大巴扎欣赏精美的手工艺品、特色的民族服饰。

- **晚上:** 返回酒店休息。
- **Morning:** After breakfast, head to the International Grand Bazaar (a vibrant market showcasing Xinjiang's culture).
- **Noon:** Have lunch near the bazaar, sampling various Xinjiang specialties (e.g., kebabs, pilaf, naan). After the meal, explore the bazaar's exquisite handicrafts and traditional ethnic clothing.
- **Evening:** Return to the hotel for rest.



距离: ~500KM | 驾车时间: ~6.5 小时 Distance: ~500km | Driving time: ~6.5 hrs

D8

乌鲁木齐 - 送机 Urumqi - Airport Drop-off

在酒店享用早餐后，收拾行李，办理退房手续。乘坐专车前往乌鲁木齐天山国际机场。乘坐航班返回，结束愉快的新疆之旅。

After having breakfast at the hotel, pack your luggage and go through the hotel check-out procedures. Take a private car to Urumqi Tianshan International Airport. Then take a flight back to home, ending this pleasant trip to Xinjiang.

备选酒店:

- 乌鲁木齐:** 百世昌东泉酒店、绚丽酒店、乌鲁木齐千烨美华酒店或同级；
- 布尔津:** 格林城大酒店、布尔津夜光城假日、布尔津七月海假日酒店或同级；
- 禾木:** 布尔津禾木西雅客民宿、布尔津沁雅别苑民宿或同级；
- 独山子/奎屯:** 西戈玛酒店、西游印象酒店、慧洋万达锦华酒店或同级；
- 博乐/精河:** 西海丽景酒店、博乐希尔顿惠庭酒店、精河迎宾馆或同级；

Hotel Options:

- Urumqi:** Baishichang East Spring Hotel/Xuanli Hotel/Urumqi Qianyang Meihua Hotel or equivalent;
- Burqin:** Green City Grand Hotel/Burqin Nightlight City Holiday Hotel/Burqin July Sea Holiday Hotel or equivalent;
- Hemu:** Burqin Hemu Xiyake Homestay/Burqin Qinya Bieyuan Homestay or equivalent;

Dushanzi/Kuytun: Xinjiang Sigma Hotel / Dushanzi Huiyang Wanda Jinjiang Hotel or equivalent;

Bole/Jinghe: Xihai Lijing Hotel/Hampton by Hilton Bole/Jinghe Guest House or equivalent;

服务项目

SERVICE ITEMS

SERVICE ITEMS

报价包含 Inclusions

交通 Transportation	34 座 2+1 头等舱 34-seat 2+1 first-class coach
门票 Entrance Fees	景区首道门票及区间车 First-entrance tickets to scenic areas and shuttle buses
酒店 Accommodation	全程携程 4 钻酒店 4-star hotels throughout the journey booked via Ctrip
用餐 Meals	酒店含早餐+12 正餐 Breakfast at the hotel + 12 set lunches and dinners
司机 Driver	包含司机服务费用 Driver service fees included
导游 Tour Guide	配备专业中英文导游 Professional Chinese-English Tour Guide provided
保险 Insurance	个人旅游意外险、旅行社责任险 Personal travel accident insurance, travel agency liability insurance
其他 Others	全程配备矿泉水，赠送当季水果 Mineral water provided throughout the journey, seasonal fruits as a gift

报价不含 Exclusions

- 1、自由活动期间交通费、小吃、等私人费用及行程中不含的餐，购物场所内的消费；
- 2、因交通延误、取消等意外事件或战争、罢工、自然灾害等不可抗力导致的额外费用；
- 3、因旅游者违约、自身过错、自身疾病导致的人身财产损失而额外支付的费用；
- 4、不含航空保险、“旅游费用包含”内容以外的所有费用、及行程中未提到的费用；
1. Transportation fees, snacks, and other private expenses during free time, meals not included in the itinerary, and consumption in shopping places;
2. Additional expenses caused by unexpected events such as traffic delays, cancellations, or force majeure factors such as war, strikes, and natural disasters;
3. Additional expenses incurred due to the traveler's breach of contract, personal fault, or personal illness resulting in personal property losses;
4. Aviation insurance is not included, all expenses not included in the "inclusions of travel expenses", and any expenses not mentioned in the itinerary;

温馨提示:

- 1、新疆是属于西北地区，经济较内地有所差别，所以吃住行较内地有所差异。敬请谅解。
- 2、新疆与内地时差两小时，但全疆均使用北京时间作息；新疆休息时间为晚上 12:00 左右，早上上班时间为 09:30—10:00 左右（分春秋季）；
- 3、新疆早晚温差较大，温差最大可在 20 度左右，需带保暖的外衣，晚上睡觉时应将空调开到适度，不要过凉，或睡觉时不盖棉被，造成身体不适；
- 4、因新疆地域辽阔，坐车时间较长，在很多情况下，须旅游者下车行走或亲自体验骑马、骑骆驼的乐趣。所以，一双合适的鞋显得尤为重要。另外，行车时间较长，部分不太适应的客人，建议路上携带零食以作为补充。
- 5、新疆气温虽较内地略低，但因新疆很多地区海拔较高，紫外线照射强烈。所以旅游者应准备充足有效的防晒品，同时配备清热、解渴、滋润的药物或冲剂。要是有晕车的旅客请自备晕车药。部分客人有过敏的情况的话，请自行携带过敏药。
- 6、在新疆旅游，因行程较长，气候差别较大，旅游者一时难以适应，可能会出现水土不服症状，旅游者应携带有关药物及一些常备药物，如创可贴、感冒药或治疗肠胃不适药物等。
- 7、新疆是水果之乡，到新疆吃水果是一大乐事，但千万不要在吃完水果后再喝热茶水，以免引起腹泻。
- 8、新疆是多种少数民族居住地区，宗教色彩浓厚，信仰伊斯兰教的民族不吃猪肉等，这是他们在生活中最大的禁忌，绝对不可以冒犯。
- 9、新疆的大部分地区购卖称重商品时的报价为公斤报价（南疆和田除外），所以购买称重商品时请落实报价是公斤价还是市斤，在巴扎（集市）购买旅游纪念品时，请在确定购买后再进行讨价还价。不严肃的讨价还价行为会招致卖方的不满。如果交易不成，也请注意文明礼貌。最好在购买前先请导游推荐一些购买场所，玉石等贵重物品最好在指定商场购买。
- 10、新疆阿勒泰、伊犁地区夏季、秋季蚊虫较多，注意防护，以及带一些防蚊虫叮咬的药、喷雾；

Warm Tips

1. Xinjiang is located in the northwest region of China. There are differences in economic development compared with the inland areas, so there are also differences in food, accommodation, and transportation. Please understand.
2. There is a two-hour time difference between Xinjiang and the inland areas, but Beijing time is used for daily routines throughout Xinjiang. The rest time in Xinjiang is

around 12:00 at night, and the working hours in the morning are around 09:30 - 10:00 (varying by spring and autumn seasons).

3. The temperature difference between day and night in Xinjiang is relatively large, with a maximum difference of about 20 degrees Celsius. It is necessary to bring warm outerwear. When sleeping at night, adjust the air conditioner to an appropriate temperature. Do not make it too cold, or avoid sleeping without a quilt to prevent discomfort.

4. Due to the vast territory of Xinjiang, the travel time by car is relatively long. In many cases, travelers need to get off the car and walk or experience the fun of horseback riding and camel riding personally. Therefore, a pair of suitable shoes is particularly important. In addition, since the travel time is long, for some guests who are not used to it, it is recommended to bring snacks for supplementation on the way.

5. Although the temperature in Xinjiang is slightly lower than that in the inland areas, due to the relatively high altitude in many areas of Xinjiang, the ultraviolet radiation is strong. Therefore, travelers should prepare sufficient and effective sunscreen products, and at the same time, bring medications or granules for clearing heat, relieving thirst, and moisturizing. If you are prone to motion sickness, please bring your own motion sickness medicine. If some guests have allergic reactions, please bring your own allergy medicine.

6. When traveling in Xinjiang, due to the long itinerary and significant climate differences, it may be difficult for tourists to adapt immediately, and they may experience symptoms of not being accustomed to the local climate and environment. Tourists should carry relevant medications and some common medications, such as band-aids, cold medicines, or medications for treating gastrointestinal discomfort.

7. Xinjiang is known as the "home of fruits". Eating fruits in Xinjiang is a great pleasure. However, never drink hot tea after eating fruits to avoid diarrhea.

8. Xinjiang is an area where many ethnic minorities live, with a strong religious atmosphere. Ethnic groups that believe in Islam do not eat pork, etc. This is their biggest taboo in life and must never be offended.

9. In most areas of Xinjiang (except Hotan in southern Xinjiang), the price quotes for weighted goods are based on kilograms. Therefore, when purchasing weighted

goods, please confirm whether the quoted price is per kilogram or per catty. When buying tourist souvenirs at the bazaar, please start bargaining after you have decided to buy. Casual bargaining behavior may cause dissatisfaction among sellers. If the transaction fails, please also pay attention to being civilized and polite. It is best to ask the tour guide to recommend some purchasing places before buying. Valuable items such as jade should be purchased at designated shopping malls.

10. In the Altay and Yili regions of Xinjiang, there are many mosquitoes and insects in summer and autumn. Pay attention to protection and bring some mosquito - repellent medications and sprays.