

南疆 10 日行程

10-Day Southern Xinjiang Itinerary

行程概要

ITINERARY SUMMARY

天数	行程安排	住宿安排	早餐	午餐	晚餐
D1	乌鲁木齐-接机	乌鲁木齐	—	—	—
D2	乌鲁木齐--库木塔格沙漠--鄯善县	鄯善县	√	√	√
D3	鄯善县--火焰山--苏公塔--坎儿井--吐鲁番	吐鲁番	√	√	√
D4	吐鲁番--博斯腾湖--库尔勒	库尔勒	√	√	√
D5	库尔勒--天山神秘大峡谷--热斯坦街--库车	库车	√	√	√
D6	库车-- 库车王府-- 克孜尔千佛洞--阿克苏	阿克苏	√	√	√
D7	阿克苏-温宿大峡谷-喀什	喀什	√	√	√
D8	喀什--G314--白沙湖--卡拉库里湖-喀什	喀什	√	√	√
D9	喀什-喀什古城--香妃园（不含表演）--艾提尕尔清真寺-喀什	喀什	√	√	√
D10	喀什~送机	—	√	—	—



simplified itinerary

Day	Itinerary Arrangement	Accommodation Arrangement	Breakfast	Lunch	Dinner
D1	Airport Transfer - Urumqi	Urumqi	—	—	—
D2	Urumqi -Kumtag Desert -Shanshan County	Shanshan	√	√	√
D3	Shanshan County - Flaming Mountain -Sugong Tower - Karez -Turpan	Turpan	√	√	√
D4	Turpan - Bosten Lake -Korla	Korla	√	√	√
D5	Korla - Tianshan Mysterious Grand Canyon -Resitan Street -Kuqa	Kuqa	√	√	√
D6	Kuqa - Kuqa Royal Palace -Kizil Thousand Buddha Caves - Aksu	Aksu	√	√	√
D7	Aksu - Wensu Grand Canyon - Kashgar	Kashgar	√	√	√
D8	Kashgar - G314 - White Sand Lake - Karakul Lake - Kashgar	Kashgar	√	√	√
D9	Kashgar - Kashgar Ancient City -Fragrant Concubine Garden - Id Kah Mosque - Kashgar	Kashgar	√	√	√
D10	Kashgar -Airport Drop-off	—	√	—	—

行程安排

ITINERARY

D1

乌鲁木齐接机 Airport Transfer- Urumqi

乌鲁木齐 Urumqi

- 抵达乌鲁木齐
- 前往酒店办理入住
- 自由活动
- Arrive in Urumqi.



- Go to the hotel to check in.
- Free activities.

备选酒店：百世昌东泉酒店、绚丽酒店、乌鲁木齐干烺美华酒店或同级

Hotel Options: Baishichang East Spring Hotel/Xuanli Hotel/Urumqi Qianyang Meihua Hotel or equivalent

D2

乌鲁木齐--库木塔格沙漠--鄯善县 Urumqi -- Kumtag Desert -- Shanshan County

鄯善县 Shanshan

- 早上：从乌鲁木齐前往库木塔格沙漠。
- 中午：在沙漠附近的餐厅用餐。
- 晚上：前往鄯善县并办理入住。
- Morning: Depart from Urumqi to the Kumtag Desert.
- Noon: Dine at a restaurant near the desert .
- Evening: Head to Shanshan County and check in.



距离：~270KM | 驾车时间：~4.5 小时 Distance: ~270 km | Driving time: ~4.5 hrs

备选酒店：西游酒店，鄯善美居酒店、鄯善若水酒店或同级

Hotel Options: Xiyou Hotel/Mercure Shanshan/Shanshan Ruoshui Hotel or equivalent

D3

鄯善县--火焰山--苏公塔--坎儿井--吐鲁番 Shanshan County -- Flaming Mountain -- Sugong Tower -- Karez -- Turpan

吐鲁番 Turpan

- 早上：从鄯善县出发前往火焰山。
- 中午：随后前往苏公塔（额敏塔）。
- 下午：参观坎儿井。
- 晚上：抵达吐鲁番并办理入住。
- Morning: Leave Shanshan County for the Flaming Mountain.
- Noon: Then go to the Sugong Tower.
- Afternoon: Visit the Karez.
- Evening: Arrive in Turpan, and check in .



距离：~120KM | 驾车时间：~2 小时 Distance: ~120 km | Driving time: ~2 hrs

备选酒店：桔子水晶，锦江都城酒店，吐鲁番智选假日酒店，喆啡酒店或同级

Hotel Options: Orange Crystal Hotel/Metropolo Hotel/Holiday Inn Express Turpan/James Joyce Coffetel or equivalent

D4

吐鲁番--博斯腾湖--库尔勒 Turpan -- Bosten Lake -- Korla

库尔勒 Korla

- 早上：从吐鲁番前往博斯腾湖。
- 中午：游览结束后，在博斯腾湖附近吃午餐。
- 晚上：抵达库尔勒酒店办理入住。
- Morning: Depart from Turpan to Bosten Lake.
- Noon: After the tour, have lunch near Bosten Lake.
- Evening: Arrive in Korla and check in.



距离：~360KM | 驾车时间：~6 小时 Distance: ~360 km | Driving time: ~6 hrs

备选酒店：希玥酒店、桔子酒店(库尔勒市政府店)、库尔勒君润酒店或同级

Hotel Options: Xiyue Hotel/Orange Hotel (Korla Municipal Government Branch)/Korla Junrun Hotel or equivalent

D5

库尔勒 -- 天山神秘大峡谷 -- 热斯坦街 -- 库车 Korla -- Tianshan Mysterious Grand Canyon -- Resitan Street -- Kuqa

库车 Kuqa

- 早上：前往天山神秘大峡谷。
- 中午：在峡谷附近的餐厅用餐。
- 下午：游览热斯坦街。
- 晚上：抵达库车酒店并办理入住。
- Morning: For the Tianshan Mysterious Grand Canyon.
- Noon: Have meals at a restaurant near the canyon.
- Afternoon: Visit Resitan Street.
- Evening: Arrive in Kuqa and check in.



距离：~420KM | 驾车时间：~7 小时 Distance: ~420 km | Driving time: ~7 hrs

备选酒店：库车华悦国际酒店、库车爱美酒店、库车 W·万宸凯徕酒店或同级

Hotel Options: Kuqa Huayue International Hotel/Kuqa Aimei Hotel/Kuqa W·Wanchen Kailai Hotel or equivalent

D6

库车 -- 库车王府 -- 克孜尔千佛洞 -- 阿克苏 Kuqa -- Kuqa Royal Palace -- Kizil Thousand Buddha Caves -- Aksu

阿克苏 Aksu

- 早上：参观库车王府。
- 中午：游览克孜尔千佛洞。
- 晚上：抵达阿克苏并办理入住。
- Morning: Visit the Kuqa Royal Palace.
- Noon: Visit the Kizil Thousand Buddha Caves.
- Evening: Arrive in Aksu and check in.



距离：~370KM | 驾车时间：~6.5 小时 Distance: ~370 km | Driving time: ~6.5 hrs

备选酒店：阿克苏希尔顿花园酒店、阿克苏华瑞大酒店、格林东方酒店(阿克苏店) 或同级

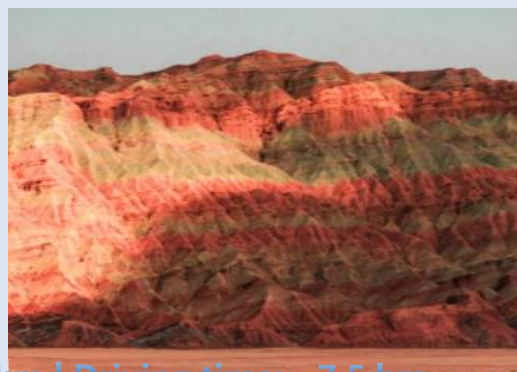
Hotel Options: Hilton Garden Inn Aksu/Aksu Huarui Grand Hotel/GreenTree Eastern Hotel (Aksu Branch) or equivalent

D7

阿克苏-温宿大峡谷-喀什 Aksu - Wensu Grand Canyon - Kashgar

喀什 Kashgar

- 早上：从阿克苏出发前往温宿大峡谷。
- 中午：在峡谷附近用餐。
- 晚上：抵达喀什并办理入住。
- Morning: Leave Aksu for the Wensu Grand Canyon.
- Noon: Have meals near the canyon.
- Evening: Arrive in Kashgar and check in.



距离：~560KM | 驾车时间：~7.5 小时 Distance: ~560 km | Driving time: ~7.5 hrs

备选酒店：美豪丽致酒店、智涵欢朋酒店、柏曼酒店或同级

Hotel Options: Mehood Lizi Hotel/Zhihan Hampton Hotel/Burman Hotel or equivalent

D8

喀什--G314--白沙湖--卡拉库里湖-喀什 Kashgar -- G314 -- White Sand Lake -- Karakul Lake - Kashgar

喀什 Kashgar

- 早上：从喀什出发前往白沙湖。
- 中午：随后游览喀拉库勒湖。
- 晚上：返回喀什。
- Morning: Depart from Kashgar, to the White Sand Lake.
- Noon: Then visit the Karakul Lake.
- Evening: Return to Kashgar.



距离: ~380KM | 驾车时间: ~7.5 小时 Distance: ~380 km | Driving time: ~7.5 hrs

备选酒店: 美豪丽致酒店、智涵欢朋酒店、柏曼酒店或同级

Hotel Options: Mehood Lizi Hotel/Zhihan Hampton Hotel/Burman Hotel or equivalent

D9	喀什-喀什古城--香妃园（不含表演）--艾提尕尔清真寺-喀什 Kashgar - Kashgar Ancient City -- Fragrant Concubine Garden -- Id Kah Mosque - Kashgar	喀什 Kashgar
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- 早上: 游览喀什古城，随后参观香妃园。
- 中午: 在喀什古城内用餐。
- 下午: 参观艾提尕尔清真寺。
- 晚上: 在喀什市区享用晚餐。
- Morning: Tour the Kashgar Ancient City. Then visit the Fragrant Concubine Garden.
- Noon: Dine in the Kashgar Ancient City.
- Afternoon: Visit the Id Kah Mosque.
- Evening: Have dinner in Kashgar's urban area.



距离: ~20KM | 驾车时间: ~2.5 小时 Distance: ~20 km | Driving time: ~2.5 hrs
(Excluding sightseeing)

备选酒店: 美豪丽致酒店、智涵欢朋酒店、柏曼酒店或同级

Hotel Options: Mehood Lizi Hotel/Zhihan Hampton Hotel/Burman Hotel or equivalent

D10	喀什送机-Airport Drop-off	---
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根据航班时间前往喀什机场，愉快的旅程至此结束。
Go to Kashgar Airport according to the flight time and end the pleasant journey.

服务项目

SERVICE ITEMS

报价包含 Inclusions

交通 Transportation	34 座 2+1 头等舱 34-seat 2+1 first-class coach
门票 Entrance Fees	景区首道门票及区间车 First-entrance tickets to scenic areas and shuttle buses
酒店 Accommodation	全程携程 4 钻酒店 4-star hotels throughout the journey booked via Ctrip
用餐 Meals	酒店含早餐+16 正餐 Breakfast at the hotel + 16 set lunches and dinners
司机 Driver	包含司机服务费用 Driver service fees included
导游 Tour Guide	配备专业中英文导游 Professional Chinese-English Tour Guide provided
保险 Insurance	个人旅游意外险、旅行社责任险 Personal travel accident insurance, travel agency liability insurance
其他 Others	全程配备矿泉水, 赠送当季水果 Mineral water provided throughout the journey, seasonal fruits as a gift

报价不含 Exclusions

- 1、自由活动期间交通费、小吃、等私人费用及行程中不含的餐，购物场所内的消费；
 - 2、因交通延误、取消等意外事件或战争、罢工、自然灾害等不可抗力导致的额外费用；
 - 3、因旅游者违约、自身过错、自身疾病导致的人身财产损失而额外支付的费用；
 - 4、不含航空保险、“旅游费用包含”内容以外的所有费用、及行程中未提到的费用；
1. Transportation fees, snacks, and other private expenses during free time, meals not included in the itinerary, and consumption in shopping places;
 2. Additional expenses caused by unexpected events such as traffic delays, cancellations, or force majeure factors such as war, strikes, and natural disasters;
 3. Additional expenses incurred due to the traveler's breach of contract, personal fault, or personal illness resulting in personal property losses;
 4. Aviation insurance is not included, all expenses not included in the "inclusions of travel expenses", and any expenses not mentioned in the itinerary;

温馨提示：

- 1、新疆是属于西北地区，经济较内地有所差别，所以吃住行较内地有所差异。敬请谅解。
- 2、新疆与内地时差两小时，但全疆均使用北京时间作息；新疆休息时间为晚上 12：00 左右，早上上班时间为 09:30—10：00 左右（分春秋季节）；

3、新疆早晚温差较大，温差最大可在 20 度左右，需带保暖的外衣，晚上睡觉时应将空调开到适度，不要过凉，或睡觉时不盖棉被，造成身体不适；

4、因新疆地域辽阔，坐车时间较长，在很多情况下，须旅游者下车行走或亲自体验骑马、骑骆驼的乐趣。所以，一双合适的鞋显得尤为重要。另外，行车时间较长，部分不太适应的客人，建议路上携带零食以作为补充。

5、新疆气温虽较内地略低，但因新疆很多地区海拔较高，紫外线照射强烈。所以旅游者应准备充足有效的防晒品，同时配备清热、解渴、滋润的药物或冲剂。要是有晕车的旅客请自备晕车药。部分客人有过敏的情况的话，请自行携带过敏药。

6、在新疆旅游，因行程较长，气候差别较大，旅游者一时难以适应，可能会出现水土不服症状，旅游者应携带有关药物及一些常备药物，如创可贴、感冒药或治疗肠胃不适药物等。

7、新疆是水果之乡，到新疆吃水果是一大乐事，但千万不要在吃完水果后再喝热茶水，以免引起腹泻。

8、新疆是多种少数民族居住地区，宗教色彩浓厚，信仰伊斯兰教的民族不吃猪肉等，这是他们在生活中最大的禁忌，绝对不可以冒犯。

9、新疆的大部分地区购卖称重商品时的报价为公斤报价（南疆和田初外），所以购买称重商品时请落实报价是公斤价还是市斤，在巴扎（集市）购买旅游纪念品时，请在确定购买后再进行讨价还价。不严肃的讨价还价行为会招致卖方的不满。如果交易不成，也请注意文明礼貌。最好在购买前先请导游推荐一些购买场所，玉石等贵重物品最好在指定商场购买。

10、新疆阿勒泰、伊犁地区夏季、秋季蚊虫较多，注意防护，以及带一些防蚊虫叮咬的药、喷雾；

Warm Tips:

1. Xinjiang is located in the northwest region of China. There are differences in economic development compared with the inland areas, so there are also differences in food, accommodation, and transportation. Please understand.

2. There is a two-hour time difference between Xinjiang and the inland areas, but Beijing time is used for daily routines throughout Xinjiang. The rest time in Xinjiang is around 12:00 at night, and the working hours in the morning are around 09:30 - 10:00 (varying by spring and autumn seasons).

3. The temperature difference between day and night in Xinjiang is relatively large, with a maximum difference of about 20 degrees Celsius. It is necessary to bring warm outerwear. When sleeping at night, adjust the air conditioner to an appropriate temperature. Do not make it too cold, or avoid sleeping without a quilt to prevent discomfort.

4. Due to the vast territory of Xinjiang, the travel time by car is relatively long. In many cases, travelers need to get off the car and walk or experience the fun of horseback riding and camel riding personally. Therefore, a pair of suitable shoes is particularly important. In addition, since the travel time is long, for some guests who are not used to it, it is recommended to bring snacks for supplementation on the way.

5. Although the temperature in Xinjiang is slightly lower than that in the inland areas, due to the relatively high altitude in many areas of Xinjiang, the ultraviolet radiation is strong. Therefore, travelers should prepare sufficient and effective sunscreen products, and at the same time, bring medications or granules for clearing heat, relieving thirst, and moisturizing. If you are prone to motion sickness, please bring your own motion sickness medicine. If some guests have allergic reactions, please bring your own allergy medicine.

6. When traveling in Xinjiang, due to the long itinerary and significant climate differences, it may be difficult for tourists to adapt immediately, and they may experience symptoms of not being accustomed to the local climate and environment. Tourists should carry relevant medications and some common medications, such as band - aids, cold medicines, or medications for treating gastrointestinal discomfort.

7. Xinjiang is known as the "home of fruits". Eating fruits in Xinjiang is a great pleasure. However, never drink hot tea after eating fruits to avoid diarrhea.

8. Xinjiang is an area where many ethnic minorities live, with a strong religious atmosphere. Ethnic groups that believe in Islam do not eat pork, etc. This is their biggest taboo in life and must never be offended.

9. In most areas of Xinjiang (except Hotan in southern Xinjiang), the price quotes for weighted goods are based on kilograms. Therefore, when purchasing weighted goods, please confirm whether the quoted price is per kilogram or per catty. When buying tourist souvenirs at the bazaar, please start bargaining after you have decided to buy. Casual bargaining behavior may cause dissatisfaction among sellers. If the transaction fails,

please also pay attention to being civilized and polite. It is best to ask the tour guide to recommend some purchasing places before buying. Valuable items such as jade should be purchased at designated shopping malls.

10. In the Altay and Yili regions of Xinjiang, there are many mosquitoes and insects in summer and autumn. Pay attention to protection and bring some mosquito - repellent medications and sprays.